

Health exams are critical tools for assessing the medical, behavioral and developmental strengths and needs of children and youth entering the Texas Department of Family and Protective Services (DFPS) conservatorship. Some children entering DFPS care must receive a medical exam within three Business Days. All children ages 3 to 17 entering foster care will receive the Texas Child and Adolescent Needs and Strengths 3.0 Assessment (CANS 3.0 Assessment) and the Texas Health Steps Checkup, also known as Early and Periodic Screening Diagnosis and Treatment (EPSDT).

Together, these assessments chart the path for ensuring STAR Health members get the care and services they need at the time they enter foster care. Below are important guidelines for providers regarding key components of these exams.

### 3-Day Medical Exam

The DFPS Caseworker determines when a 3-Day Medical Exam is necessary. The purpose of the 3-Day Medical Exam is to identify, treat and provide caregivers with education regarding a child's acute or chronic medical and/or behavioral health conditions within 3 Business Days of the child/youth entering DFPS conservatorship.

#### Billing Guidance:

Claims should be submitted with the most appropriate Evaluation and Management (E/M) procedure code with the addition of a U2 modifier in the last position.

- New client codes:
  - 99201 – 99205
- Established client codes:
  - 99211 – 99215

#### Important Notes:

- Exams completed outside of the 3-day timeframe do not satisfy the requirement.
- Exams completed within the 3-day timeframe, but **not billed correctly** do not satisfy the requirement.
- The 3-day exam cannot be completed on the same day of the Texas Health Steps Checkup.

### Texas Child and Adolescent Needs and Strengths 3.0 Assessment

The purpose of the Texas Child and Adolescent Needs and Strengths 3.0 Assessment (CANS 3.0 Assessment) is to help identify information that will be used to guide and support treatment planning for youth in DFPS conservatorship. CANS 3.0 Assessment recommendations help identify best practice guidelines and ensure quality.

#### Billing Guidance:

- Use Medicaid code 90791-TJ (modifier TJ is specific to CANS 3.0 Assessment).
- Add modifier 95 if the CANS 3.0 Assessment is completed by telehealth.
- Follow Medicaid billing guidelines.

#### Important Notes:

All youth, ages 3-17, entering the conservatorship of Child Protective Services (CPS) must receive a CANS 3.0 Assessment.

## Texas Health Steps Checkup/EPSTD

The purpose of a Texas Health Steps Checkup, also known as EPSTD, is to help members stay healthy. These checkups are for all children from birth through 20 years of age, and help find problems early, when they are easier to treat.

### Billing Guidance:

- A Texas Health Steps Procedure code AND Diagnosis code must be utilized to be counted as compliant.
- Texas Health Step New client codes: 99381, 99382, 99383, 99384 & 99385
- Texas Health Step Established client codes: 99391, 99392, 99393, 99394 & 99395
- Texas Health Step Follow-up visit code: 99211
- Texas Health Step Diagnosis codes:
  - Z00110 - Routine newborn exam, birth through seven (7) days
  - Z00111 - Routine newborn exam, eight (8) through 28 days
  - Z00129 - Routine child exam
  - Z00121 - Routine child exam, abnormal
  - Z0000 - General adult exam
  - Z0001 - General adult exam, abnormal
- Must include benefit code: EP1
- Must include 2-digit modifier to indicate practitioner: AM, SA, TD or U7  
Must include condition indicator codes requirement NU, ST or S2

To review the Texas Health Steps information on the STAR Health Training, please visit the [FCTX Provider Resources](#) webpage.

### Important Notes:

- If a child recently had a physical exam or medical checkup before coming into conservatorship, a Texas Health Steps medical checkup is still required within the first 30 days.
- A new Texas Health Steps medical checkup is not required each time a child changes placement.

## Questions

- To learn more about 3 in 30, register for a STAR Health webinar by visiting [Superior's Provider Training Calendar](#).
- For more information or questions, please contact your designated Account Manager. To access their contact information visit, [Find My Account Manager](#).